

Being active and safe *in your neighbourhood*



Walking and wheeling safely in your neighbourhood

Walking and wheeling (scooting, biking or skateboarding) are great ways for children to get some fresh air, social time and exercise while out and about. It helps them to learn about road safety and gain independence.

Tips for building confident walkers:

- Teach the kerb drill for crossing roads.
- Watch out for sneaky driveways.
- Walk with friends or whānau.
- Start with short trips to build walking muscles and road skills.

Tips for confident wheelers:

- Wear a correctly fitted helmet.
- Wear bright clothes. Avoid anything loose that can catch.
- Plan a safe route and practise with an adult when it's quiet.
- Maintain your wheels and check your brakes every time.
- Ride with a friend or adult.

Discuss your expectations, and what to do if they need help.

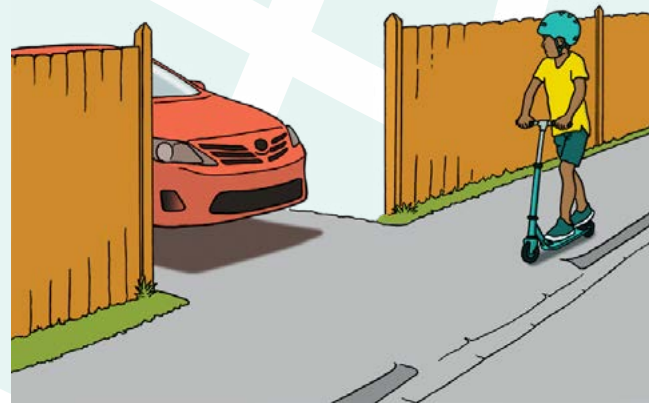
Parking and driving safely in your neighbourhood

Children are still learning about road safety and may be unpredictable; adults need to drive carefully and park safely.

Keep your children and their friends safe:

- Slow down near play areas or schools.
- Stay alert and be prepared to stop.
- Give way when crossing the footpath.
- Avoid reversing wherever possible.
- Always watch your children, especially around vehicles.

Adults, set a good example – kids will copy you.



Crossing the road and sneaky driveways

Use the 'kerb drill':

1. STOP - one step back from the kerb or obscured driveway.
2. LOOK and LISTEN - for traffic coming from all directions.
3. WAIT - if there is traffic coming and check again.

When there is no traffic coming...

4. WALK - quickly, straight across the road/driveway.
5. While crossing, look and listen for traffic, wherever it may come from.

Always walk across the road. Remember, drivers may not see you.

School travel:

schooltravel.gw.govt.nz

Play Streets:

www.nzta.govt.nz/play-streets/

Contact your local [Road Safety Coordinator](#) for advice.

