

Movin' March Learning Resource



Week 5: Adventure

Teacher Resource
Suitable Yrs 0-8

The theme for Week 5 in Movin' March is:

Mā raro, mā wīra rānei nā te mea he ara mātātoa!
I walk or wheel because...it's an adventure!

The purpose of this activity is to encourage a sense of adventure, for students to notice, explore, and discover interesting things in the world around them as they are actively travelling.

- **Discuss with your class** “How can your journey be surprising and wondrous?”
Prompt them with questions such as “Do you explore along the way? Do you discover things in nature? Do you pat or talk to a friendly cat? Do you notice flowers? Do you notice bees or other insects? Do you count numbers on letterboxes?” Collate and present their ideas visually.
- **Sensory collage: Art activity:**
 1. As a class go for a walk around the streets near your school, or within the school grounds, alternatively each student could collect their own information about their journey to school.
 2. Walk and stop in several spots. Use your senses one at a time to experience the different environments you come across. What can you see, hear, smell, taste, feel? Make sketches, take photos, do rubbings, collect objects, etc,
 3. Create a collage together and display it on your classroom wall.
- **Animal count: E hia ngā kararehe?**
As a class go for a walk around the streets near your school, or within the school grounds. Try to count how many animals you see or hear along the way. You may be surprised how many you notice, e.g.: Birds, insects, cats, dogs, or even pictures of animals on signs, murals, posters. Challenge: Who can notice the most?
- **Rainbow colours:**
As a class go for a walk, a scoot or a bike around, within the school grounds. Can you spot all the colours of the rainbow? What objects can you see that are red, orange, yellow, green, blue, indigo, violet? Can you also find: pink, grey, silver, gold, black, white?

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Useful links:

- [NZAFEE website](#). Search “nature” and find many amazing activities and resources
- [Notice three good things in nature](#) Department of Conservation
- [Learn about ngā manu o Aotearoa](#) with this free bilingual poster from Manaaki Whenua.
- [Active Travel Action](#): See 1:3 Sensory collage
- [Te Whare Tapa Whā](#): Taha Tinana (physical/ body), Taha Hinengaro (mind)
- [Lesson 2 Ready Steady Go!](#) Active Travel Resource from Auckland Transport
- [Resources and Activities](#), Greater Wellington’s Getting to school website

See [Resources and Activities](#) for more weekly themes and complementary resources.
The [Whānau Photo Competition](#) also features the benefits of active travel for tamariki and whānau.